

INDIRECT ELISA

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All steps are carried out at room temperature unless stated otherwise.

Recipes for all solutions highlighted **bold** are included at the end of the protocol.

1. Antigen coating:

- Dilute purified antigens to a final concentration of 0.2 μg/ml in antigen-coating buffer and add 100 μl of diluted antigen to each well of a 96-well ELISA plate.
- b. Carefully cover the plate with adhesive plastic and incubate at 4°C overnight.

2. Blocking:

- a. Empty the wells of antigen-coating buffer and wash 3 times with 200 μ l PBST buffer for 5 minutes each time.
- Add 200 µl blocking buffer per well to block residual protein-binding sites.
 Cover the plate with adhesive plastic and incubate for 1–2 h at 37°C.

3. Antibody incubation:

- a. Dilute your primary antibody of choice with blocking buffer in a series e.g. 1:500, 1:1000, 1:2000, 1:4000 and so on, empty the wells of blocking buffer and then add 100 μl of each dilution per well. Repeat in duplicate, or triplicate, for accuracy. Cover the plate with adhesive plastic and incubate for 1 h at 37°C.
- b. Empty the wells and wash 3 times with 200 μ l **PBST buffer** for 5 minutes each time.
- c. Dilute the HRP-conjugated secondary antibody with **blocking buffer** at an optimal concentration (a dilution factor within 1:10,000-1:100,000 is recommended) and add 100 μ l of secondary antibody solution to each well. Cover the plate with adhesive plastic and incubate for 1 h at 37°C.
- d. Empty the wells and wash 3 times with 200 μl **PBST buffer** for 5 minutes each time.

Signal detection:

a. Add 100 μl TMB substrate (mix equal volumes of TMB buffer A and buffer B) to each well with a multichannel pipette. Color development should peak after 15 minutes, at which time it should be stopped by adding 100 μl of 2 M H₂SO₄ per well. Read absorbance at 450 nm.

4.



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Buffers Needed

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Antigen coating-buffer	For 1000 ml	PBST buffer	For 1000 ml
100 mM NaHCO₃	8.4 g	10 mM Na ₂ HPO ₄	1.42 g
Adjust pH to 9.6		1.8 mM NaH₂PO₄	0.22 g
Add ddH ₂ O to 1000 ml		140 mM NaCl	8.19 g
		0.2 % Tween 20	2 ml
		Adjust pH to 7.4	
		Add ddH ₂ O to 1000 ml	

Blocking buffer	For 100 ml		
5% non-fat dry milk	5 g		
Add PBST buffer to 100 ml			

TMB buffer A	For 500 ml	TMB buffer B	For 500 ml
NaAc•3H ₂ O	13.6 g	TMB (first dissolved in 3 ml DMSO)	0.15 g
Citric acid	1.6 g	EDTA-2Na	0.2 g
30% H ₂ O ₂	0.3 ml	Citric acid	0.95 g
Add ddH ₂ O to 500 ml		Glycerol	50 ml
		Add ddH ₂ O to 500 ml	